

Portable Tailback Brace



HOW TO USE

Place cold pack in freezer for one hour prior to first use.

1. Lay wrap on a flat surface so you are looking at the inside of the wrap. Remove the provided ice pack and place in freezer for one hour.
2. Adjust the Velcro portions to accommodate patient's waist size.
3. Place brace around the patient's waist and engage the Velcro on the front to secure around the waist.
4. Pull the comfort ring towards the front of the brace and tighten to secure the brace even more.
5. If ice pack is desired, remove from freezer and place in the provided Velcro attachment located inside the brace.



Wear as frequently as desired while ambulating and then return cold pack to refrigerator.