

Breg V-Pulse

HOW TO USE

1. Open the top of the unit by pulling back on the white tab and twisting the handle in the direction of the arrow



2. Remove the ice bottle with the blue holder clip from the basin of the unit
 - a. Fill the basin with tap water to the indicated water fill line.
 - b. Add 2-4 oz. of isopropyl alcohol into the basin of the unit.

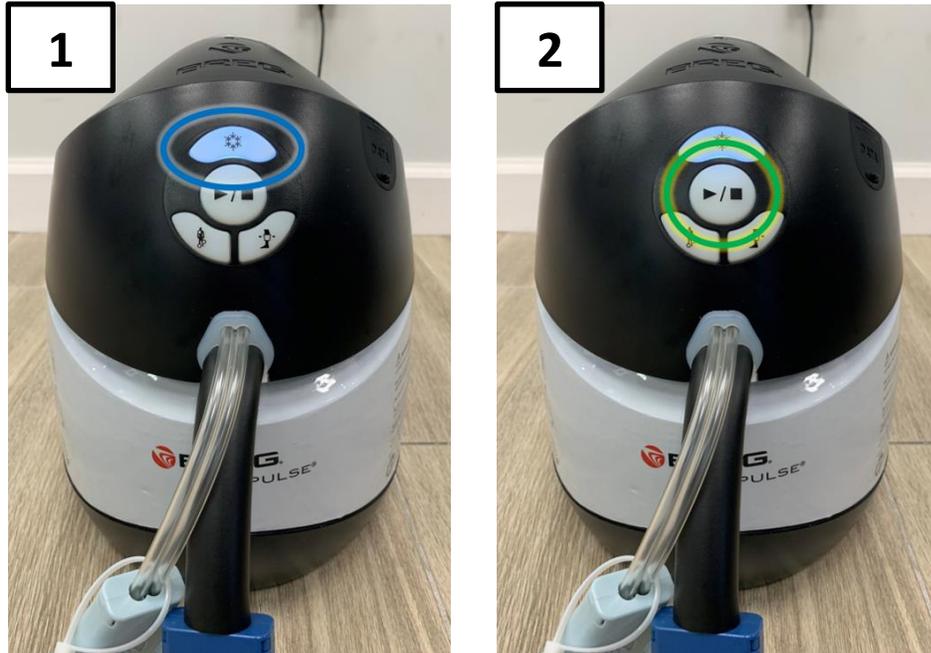


3. Never operate the system without water. You have the option to either
 - (a) Add frozen water bottles/ice cubes or (b) Both.
 - a. If using **frozen water bottles**: Let water bottle freeze for at least 6-hours prior to use.
If using **ice cubes**: Fill basin of the unit with ice to the indicated fill line on the inside of the unit.
 - b. If using **both**: Place the frozen water bottles into the basin of the unit first, then fill the surrounding area with ice cubes. Using a combo of frozen water bottles and ice cubes will maximize icing time.
4. Once the unit is filled with water and frozen water bottles (or ice), close the V-Pulse by replacing the handle, align the dot on the thumb-lock to the top cover, and rotate clockwise. Listen for the locking click.
5. Secure the appropriate wrap from your physician applicable to your procedure/body part and adjust so the wrap is snug but not too tight. Each pad has printed instructions on the pad.
6. Attach the connector on the tubing set to the connection on the V-pulse and connect the other side to the connection on the wrap. Connectors are color-coded. Confirm secure connections.



7. Plug the adapter into the unit and the wall. The unit will perform a self-test indicating it is ready for use.

8. Press the cold therapy button located on the top indicated by a **blue 'snowflake'** icon. Next, push the center **Start/Stop** button to **begin therapy**.



9. The button will illuminate **GREEN** when the system is running. Pressing the **Start/Stop** button again will **turn off** the system.



TROUBLE SHOOTING

If the unit is unplugged while running, you will need to plug it in again and press the center **Start/ Stop** Button **TWICE** to restart the device.