

Manaflexx2

HOW TO USE

1. Peel off plastic piece covering the sticky surface and apply the ManaFlexx onto the location of the body part that requires treatment. Below are examples of how the product may appear when applied:



2. **Turn on** the device by pressing the **power button**.



3. Set the device to a level of comfort.
Press the “+” sign to **increase** intensity.
Press the “-” to **decrease** intensity.



4. Unit will cycle back and forth between 10-seconds of stim and 10-seconds of rest.
5. Unit will automatically power off after 30-minutes of use.
To **turn off** manually, press and **hold power button** for **1.5 seconds**.



Wear 30 minutes, 1-2x daily to help prevent muscle atrophy

CHARGING

1. When unit is not in use, plug into the provided charger.
2. Charging is occurring when unit is plugged in and **flashing BLUE**.
3. Charging is **complete** when blue dashes remain solid (**no longer flashing**).