

NICE Recovery Cold Therapy



- Connect the power cord to the external power supply.
- Plug the circular connector into the back of the Cooling Unit. You will hear a click when properly connected.
- Plug the power cord into the wall outlet.
- Place the wrap on the appropriate body part. Secure with hook and loop.
- Connect the hose to the wrap. You will hear a click when properly connected.
- Connect the hose to the Cooling Unit. You will hear a click when properly connected.

CHECKLIST

- | | |
|-------------------------|---|
| ① Fill water tank | ✓ |
| ② Connect hose to Nice1 | ✓ |
| ③ Connect hose to wrap | ✓ |
| ④ Place wrap on body | ✓ |

 DRAIN
COOLANT

NEXT >

 REPEAT
SESSION

CONFIRM SETTINGS & BEGIN THERAPY

COLD SETTING	LEVEL 3
TIME SETTING	5 MINUTES
COMPRESSION TYPE	INTERMITTENT
COMPRESSION LEVEL	MED

< BACK

START >

- Turn on the power switch on the back of the device. The touch screen will illuminate and display the "Nice" logo. Push "NEXT" .
- Your prescribed settings will now be displayed. Simply push "START" and your session will begin!